

Mission Statement

We are dedicated to providing those we serve with quality innovative behavioral health care in a recovery-based environment.



Vision Statement

We will be recognized as a state leader in comprehensive behavioral healthcare providing integrated cost effective services for those diagnosed with mental and developmental disability disorders.

When can you go to S.P.I.R.I.T.?

Monday- Friday
8:00AM-3:00PM

We can help organize transportation too!

Fees

Bring your financial information regarding your income. Insurance, Medicaid and Medicare are acceptable.

No one is denied services because of their inability to pay.

Confidentiality

Your confidentiality is assured through policies, procedures, and laws that protect your personal health information.

(Such as HIPAA)

With your written permission, information may be shared with your family as part of the treatment plan. Family inclusion during treatment planning is always encouraged.



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A peer-led
day program
to help build life
improvement skills



How do we build life improvement skills?

Develop your interpersonal skills

Often referred to as people skills, this includes communication, teamwork, negotiating, and the interactions we have daily. When you communicate with others, practice active listening. Active listening can impact many interpersonal skills, from teamwork to negotiating.

Practice self-awareness

Be intentional about noting the body language of others when you communicate with them. Become more self-aware and never stop looking for ways to keep your attention on your own actions.

Keep learning

Never stop learning. Learning prepares you for new challenges, keeps your mind sharp and allows you to improve your abilities continually. Surround yourself with talented people who work hard, want to grow, and learn as well. Not only will you learn from them, but you'll also find that they inspire you to be better as well.



What is a Peer?

A peer is a person who is equal to another in abilities, qualifications, age, background, and social status.

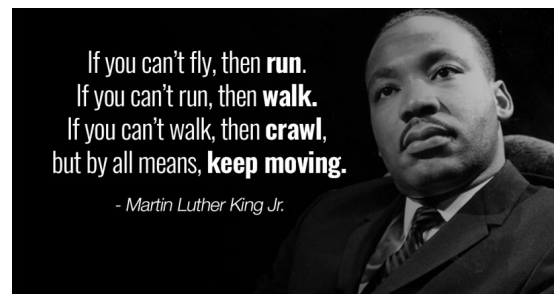
What does Peer-Led mean?

Everything that happens at S.P.I.R.I.T. is led by CPS's (Certified Peer Specialist) people just like you.

Truthfully, you could be the leader!

Your opinions, ideas, wants, and needs will be considered and your voice will be heard!

You may want to learn a new skill. Your new group of friends can learn something new with you.



If you can't fly, then **run**.
If you can't run, then **walk**.
If you can't walk, then **crawl**,
but by all means, **keep moving**.

- Martin Luther King Jr.

Who S.P.I.R.I.T. Serves

Our S.P.I.R.I.T. day center serves all referrals meeting admission criteria.

The program is designed to serve those who carry **both** a behavioral health and developmental disability diagnosis. We call it, dual diagnosed.



A **behavioral diagnosis** is the assessment of influences on a person's behavior.

It includes consideration of individual, social, environmental, and medical regimen factors that may either impede or facilitate behavior.

Developmental disabilities are a group of conditions due to an impairment in physical, learning, language, or behavioral areas. These conditions begin during the developmental period, may impact day-to-day functioning, and usually last throughout a person's lifetime.